

Session plan Let's Talk Money



This is a three, two-hour sessions for people with a learning disability. It is suitable for people with mild to moderate learning disabilities.



The workshops work well with up to 14 participants.

The sessions are:

1. Money Management and bank accounts.
2. Understanding Scams and financial abuse.
3. Budgeting and how to set up a managed account.



To run these workshops you will need:



Laptop/projector

Downloaded presentations.



Download and print board game,

Ow' Muchopoly either onto A3 paper or at print shop (around £100 for 5 boards)



Download and print Chance and Choose cards – optional laminate

Large, coloured counters – enough for group

Large dice – enough for each board



A3/A4 paper

Thick colouring pens

A £1 coin



A pretend debit card

8 packs of play money (can buy from Poundland 50p/£1 per pack)

People willing to do role play



Scam Cards printed

Scam Traffic Lights printed

Priority Register Print outs



Ground rules:

Confidentiality. Which means what is said in the room, stays in the room.



Only share what you feel happy sharing.



Respect other people's views and speak one at a time.



People can leave the room if they feel upset.

Workshop 1

Managing Money and Bank Accounts



Download and show Presentation.



What are bank accounts?

What are the different types of bank accounts?



What do we use them for?

Game – Ow' Muchopoly



Up to 4 players in each group

Each player is given £250 at the start



Each board has a set of Chance and Choose cards

Each player is given a coloured counter.



Each table is given a dice

Each table has a banker.



The youngest person on the table rolls first.



Players pick the card up that they land on, either Chance or Choose or if they land on a picture, they have to pay the bill.



All money goes to the banker.



Players are encouraged to make choices about what they spend their money on



Winner is the person who has the most money at the end of the game.



Break Time

Game – Agree or disagree



Each person in the room is given an agree and disagree sign.



The trainer reads out the question and people either hold up their agree or disagree sign.



Question time?

Workshops leader asks the group if they have any comments or questions.

Workshop 2

Understanding Scams and financial abuse.



Recap on Confidentiality and ground rules

Make sure people know they can leave the room if they feel upset. These are difficult things to talk about.

Download Scams Power Point Presentation

Scams Part 1



What is a scam?

What are the different types of scams?

Who do you tell if you think you are being scammed?



Game time – Spotting Scams

Traffic Light Game



Working on tables in small groups. Each group is given a traffic light sheet and some game cards.



The group is asked to spend time thinking about each question.



The group decides whether to place the card on the Red (do not) space, the orange (not sure) space or the green (yes) space.



Feed back to the wider group what has been decided.



Use the blank cards to fill out some scams the group can think of or if they have been scammed themselves they might want to use those examples



Loan Sharks Part 2

Download Power Point Presentation



Show Video

<https://youtu.be/A89LxK4HIHM>



Question and conversation time.



Recap and Goodbye.



Workshop 3

Budgeting and managing money.

Download Presentation

Where does Money Come from?



People are given sheets of paper and coloured pens and asked to draw a tree. This can be a fantasy tree of an ordinary tree



This exercise is to get people thinking about where their money comes from.



People to work in pairs or very small groups.

After people have drawn their trees, split group into groups of 4 and ask each group to think about where they think money comes from.

Group leader to write it down.



Write around the tree where you think your money comes from. Examples: do you get paid for a doing a job



Share with the wider group.



Ask people to think about why money is important.



Cost of Living Presentation

Go through slides and ask whether they think the price is higher or lower than a few years ago



Talk about how we can help each other and what exists in our own communities



Make a list of all the projects in your area that can help people like Foodworks, Foodbanks and Churches that cook free or low cost meals.



Understanding the impact of the Cost of Living on disabled people

<https://youtu.be/1dDwVKOJyfl>



Share this link and go through some low cost recipes

[EasyRead recipes - Through the Maze \(through-the-maze.org.uk\)](https://www.through-the-maze.org.uk)



In pairs, ask people to create a recipe of their favourite food and share with the group. Get them to think about what goes in the meal and how much it costs.



Recap and Goodbye.